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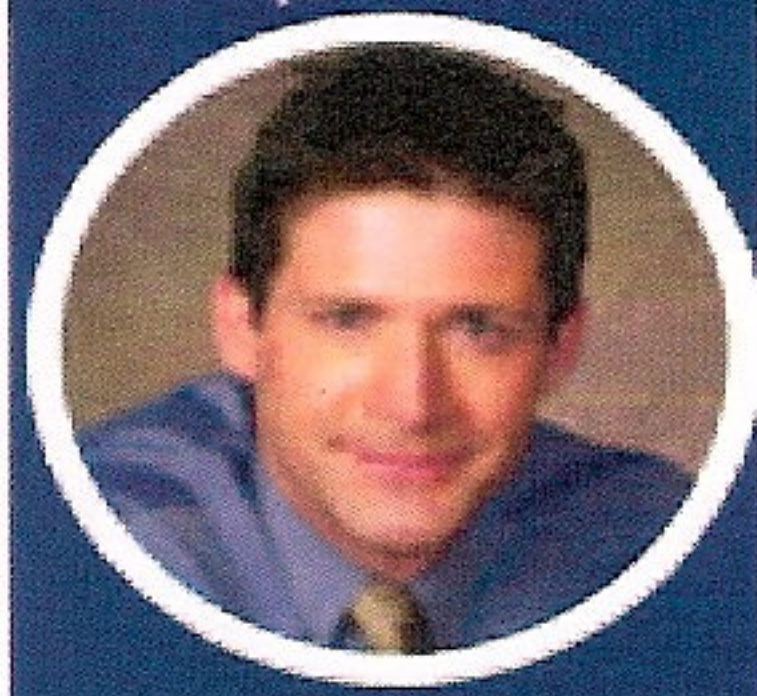
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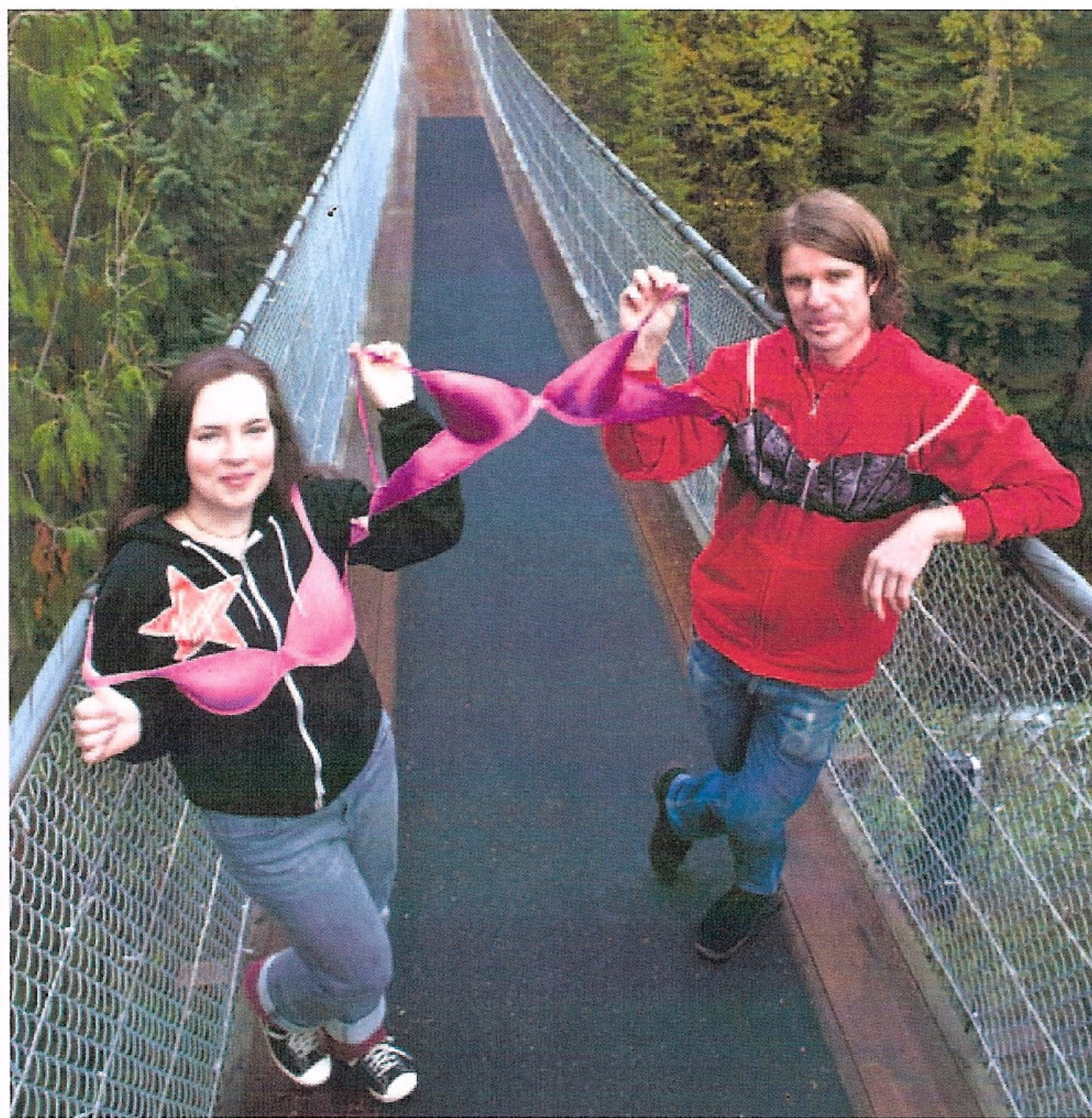
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BREAST CANCER AWARENESS P5

# The power of pink



Hundreds of bras will hang from the Capilano Suspension Bridge Friday to raise awareness about breast cancer. For every bra donated, Honda Dealers of B.C. will donate \$2 for research. Virgin FM DJ's Tara Jean Wilkin and Kiah Tucker will broadcast live from the bridge.

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OCTOBER 29, 09

VOL.5 NO.144  
SUN MEDIA  
SUN MEDIA CORP. 554 EAST 15TH AVE.,  
VANCOUVER, BC V5T 2R5



Max 8  
Min 7

The good thing about cold weather is the getting all cozy-fantutti!



>Sports P22

Bad news for the Canucks as the captain suffered a hairline fracture in his rib and will be sidelined for at least a week.

Pass this along  
to another reader!

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## Accessories for the home

### >> Tackling small spaces

Yanic Simard, principal designer for the Toronto Interior Design Group, was recently challenged to redesign a 511-square-foot condo to make it more livable.

"Quality, details and the right choices are paramount in designing a small space," says Simard. Here are Simard's tips for small spaces.

#### Functionality

In this condo, the corner unit has great views of the city and the lake. The builders had originally intended for the dining room to be positioned next to the kitchen and

the living area in the far end, absorbing the view. Simard reversed the position of the dining and living areas: Placing the living room next to the open kitchen allows the homeowner to interact with guests while preparing a casual meal; when everyone sits down at the dining table, they overlook the view.

Another design trick was to replace the existing kitchen countertop with one that overhangs, creating additional seating and room for new appliances.

#### Visually appealing

The walls are painted in soft Classic Grey to lend a look of open space, and



windows are framed with ceiling-to-floor sheer drapes to create privacy while maintaining the view of the city and lake.

#### Furniture that fits

Selecting appropriately sized furniture was essential when furnishing this small condo. Scaling the furnishings to match the dimensions of each room allows for an easy flow and also tricks the eye into the illusion of more space.

TORONTO INTERIOR DESIGN GROUP,  
WWW.TIDG.CA

## Go green as you clean your home

**NEWS CANADA** — Whether you're starting from scratch, or just making some decor changes, the laundry room is always a fun design challenge and offers plenty of opportunities to express your signature style.

When making your design choices it's important to focus on what you can do to make your laundry space a bit more environmentally

friendly. With little effort you can get your clothes clean and green thanks to an eco-friendly laundry room makeover.

Design expert Sarah Richardson has a few easy recommendations to get you started. Here's a checklist of things you'll need to get green in the laundry room:

- Front loading high efficiency washer

- Energy Star rated dryer
- Clothesline or hanging device
- Energy efficient lighting
- Recycling bin for empty detergent bottles and cardboard
- Natural laundry detergent like those found in the Green Works line. For more information on Green Works laundry detergent, visit [clorox.ca](http://clorox.ca).

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